

## FIRST STREAM URINE COLLECTION

### *For Chlamydia/Gonorrhoea*

#### PROCEDURE FOR BOTH MALE AND FEMALE

1. Ideally, (you) the patient should not have passed urine for at least an hour.
2. MALES – retract foreskin (if applicable)  
FEMALES – part the labia
3. Pass first **10 – 20mls** of urine into sterile jar. Pass remaining urine into toilet.  
***NB Maximum amount in jar = 1/3 full (approx. 20mls)***
4. Screw lid firmly onto jar
5. Return sample to your nearest Western Diagnostic Pathology Collection Centre as soon as possible (*see back of request form for centre locations*)