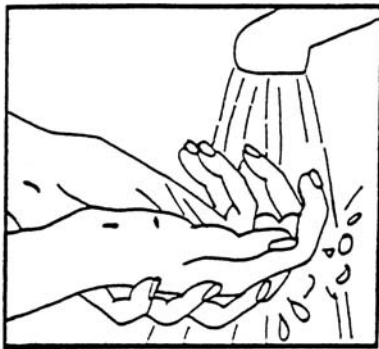


## Females Mid-Stream Urine Collection

*If menstruating, insert a clean tampon*

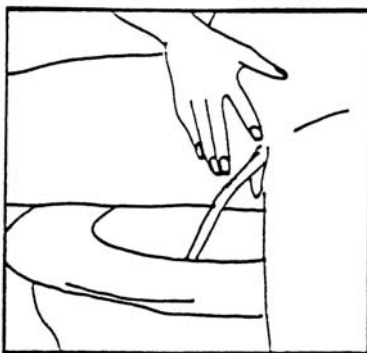
1. Wash your hands



2. Using the wipe provided separate the labia (skin folds) and wipe from front to back.



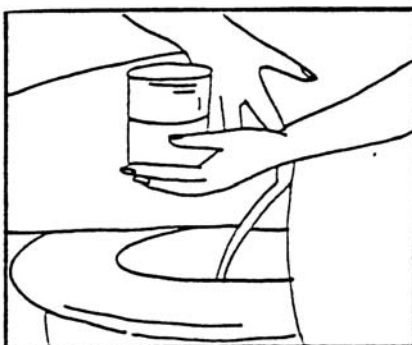
3. Pass some urine into toilet first.



4. Pass some urine into the container provided without touching the inside of the bowl.



5. Finish passing urine into toilet.



6. Please bring the yellow-topped container to the pathology collector.

