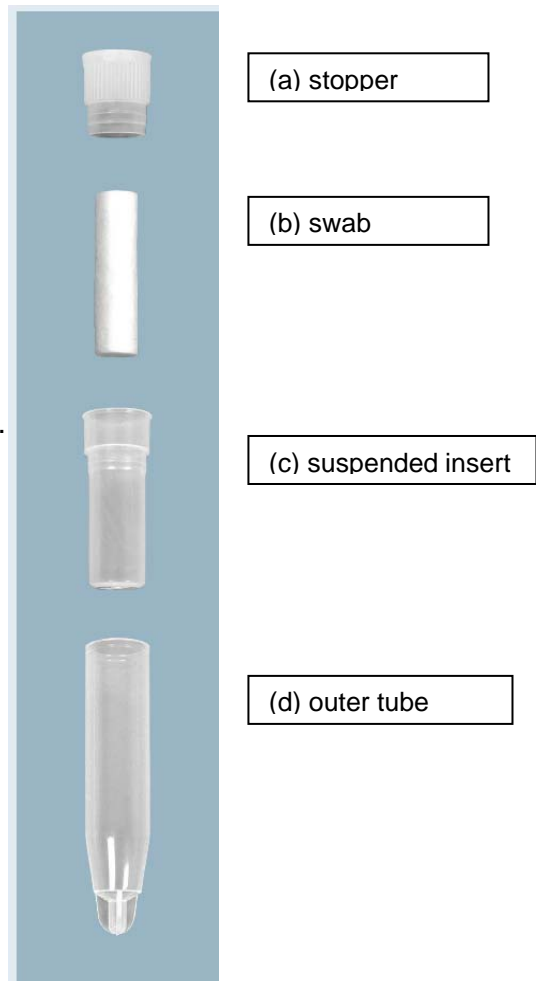


LATE NIGHT SALIVARY CORTISOL

A sensitive screen for Cushings Syndrome

Please Note: the charge for this test is not fully covered by Medicare. After Medicare makes its contribution there will still be a portion owing that the patient is expected to pay. For the exact amount that will still be owing please refer to our OUT PATIENT BILLING GUIDE.

1. Collect saliva just prior to normal bedtime (usually 9pm – 12 midnight). Saliva should be collected at least 30 minutes after eating and drinking. Rinse your mouth with some water about 10 minutes before collecting saliva.
2. Hold Salivette® tube at the rim of the suspended insert (c) and remove the stopper (a). Removal of the stopper is easier if you slightly push to the side when opening the suspended insert.
3. Now remove the white swab (b) from the Salivette®.
4. Gently chew the swab (b) for 1 minute **OR** until you feel that you can no longer prevent yourself from swallowing the saliva produced.
5. Return the saturated swab (b) to the suspended insert (c) and close the Salivette® with the stopper (a).
6. Fill in the information on the tube - Name, Date of Birth, Date of collection and **Time of collection-(eg bed time at 10pm or 1am)**
7. The Salivette® tube can now be **kept in the fridge** over night and returned to the collection centre in the morning. If necessary, the specimen can be kept in the fridge for up to 2 days and then returned.



IMPORTANT – CHOKING ALERT:

DO NOT use this product in children under the age of 10 years unless in consultation with your Doctor. Do not use this product in patients with increased risk of feeding or swallowing difficulties.